

三重积分习题课

基本方法：选择适当的坐标系化三重积分为定积分。

(1).直角坐标系：投影法，截面法。

(2).柱面坐标系 (3).球面坐标系

基本技巧：选择适当的坐标系，对称性的应用。

重积分的应用。

空间曲面的面积，空间立体的体积。

物体的质量，质心，转动惯量。

一、 直角坐标下的三重积分的计算方法

1、 投影法；先一后二

$$\Omega : z_1(x, y) \leq z \leq z_2(x, y), (x, y) \in D_{xy}$$

$$\iiint_{\Omega} f(x, y, z) dv = \iint_{D_{xy}} dx dy \int_{z_1(x, y)}^{z_2(x, y)} f(x, y, z) dz$$

Ω 往另两个坐标面上投影的情况与此类似。

2、 平行截面法；先二后一

$$\Omega = \{(x, y, z) | (x, y) \in D_z, c \leq z \leq d\}$$

则有
$$\iiint_{\Omega} f(x, y, z) dv = \int_c^d dz \iint_{D_z} f(x, y, z) dx dy$$

特别当 $f(x, y, z)$ 只是 z 的函数： $f(x, y, z) = \varphi(z)$,

$$\iiint_{\Omega} f(x, y, z) dv = \int_c^d \varphi(z) A(z) dz \quad \text{其中} A(z) \text{是} D_z \text{的面积}$$

二、柱面坐标系下计算三重积分

$$\Omega : z_1(x, y) \leq z \leq z_2(x, y), (x, y) \in D_{xy}$$

$$\text{即: } z_1(\rho \cos \theta, \rho \sin \theta) \leq z \leq z_2(\rho \cos \theta, \rho \sin \theta), (\rho, \theta) \in D_{xy}$$

$$\begin{aligned} \iiint_{\Omega} f(x, y, z) dv &= \iiint_{\Omega} f(\rho \cos \theta, \rho \sin \theta, z) \rho d\rho d\theta dz \\ &= \iint_{D_{xy}} \rho d\rho d\theta \int_{z_1(\rho \cos \theta, \rho \sin \theta)}^{z_2(\rho \cos \theta, \rho \sin \theta)} f(\rho \cos \theta, \rho \sin \theta, z) dz \end{aligned}$$

(1) Ω 的投影区域或平行截面为圆形域时.

(2) 被积函数形如 $f(x^2 + y^2)$ 、 $f(\arctan \frac{y}{x})$ 、 $f(z)$

三、球面坐标系下计算三重积分。

$$\iiint_{\Omega} f(x, y, z) dx dy dz = \iiint_{\Omega} F(r, \varphi, \theta) r^2 \sin \varphi dr d\varphi d\theta$$

注 Ω 以下区域时用球面坐标

1) $\Omega : x^2 + y^2 + z^2 \leq R^2$

$$\iiint_{\Omega} f dx dy dz = \int_0^{2\pi} d\theta \int_0^{\pi} \sin \varphi d\varphi \int_0^R r^2 f dr$$

2) $\Omega : x^2 + y^2 + z^2 \leq R^2, z \geq 0$

$$\iiint_{\Omega} f dx dy dz = \int_0^{2\pi} d\theta \int_0^{\frac{\pi}{2}} \sin \varphi d\varphi \int_0^R r^2 f dr$$

3) $\Omega : z = \sqrt{R^2 - x^2 - y^2}$ 与 $z = \sqrt{x^2 + y^2}$ 所围

$$\iiint_{\Omega} f dx dy dz = \int_0^{2\pi} d\theta \int_0^{\frac{\pi}{4}} \sin \varphi d\varphi \int_0^R r^2 f dr$$

$$4) \Omega : x^2 + y^2 + (z - R)^2 \leq R^2$$

$$\iiint_{\Omega} f dx dy dz = \int_0^{2\pi} d\theta \int_0^{\frac{\pi}{2}} \sin \varphi d\varphi \int_0^{2R \cos \varphi} r^2 f dr$$

$$5) \Omega : x^2 + y^2 + z^2 \leq 2Rz \text{ 与 } z = \sqrt{x^2 + y^2} \text{ 所围}$$

$$\iiint_{\Omega} f dx dy dz = \int_0^{2\pi} d\theta \int_0^{\frac{\pi}{4}} \sin \varphi d\varphi \int_0^{2R \cos \varphi} r^2 f dr$$

$$6) \Omega : 0 < a \leq \sqrt{x^2 + y^2 + z^2} \leq A$$

$$\iiint_{\Omega} f dx dy dz = \int_0^{2\pi} d\theta \int_0^{\pi} \sin \varphi d\varphi \int_a^A r^2 f dr$$

有的三重积分可能有多种选择：不同的坐标系、不同的顺序积分等。总结经验，选取简单的方法。

例题分析

一、 填空

1、 Ω 位于 $z = \sqrt{\frac{1}{3}(x^2 + y^2)}$ 之上,球面 $x^2 + y^2 + (z - a)^2 = a^2$

之上, 写出 $\iiint_{\Omega} f dx dy dz$ 在球坐标下的累次积分()。

$$= \int_0^{2\pi} d\theta \int_0^{\frac{\pi}{3}} \sin \varphi d\varphi \int_0^{2a \cos \varphi} r^2 f dr$$

2、 Ω 由 $z = \sqrt{x^2 + y^2}$, $z = x^2 + y^2$ 所围, 写出 $\iiint_{\Omega} f dx dy dz$

在柱坐标下的累次积分()。 $= \int_0^{2\pi} d\theta \int_0^1 \rho d\rho \int_{\rho^2}^{\rho} f dz$

3、 $\Omega = \{(x, y, z) \mid x^2 + y^2 + z^2 \leq R^2, z \geq 0\}$,

$$\iiint_{\Omega} y dx dy dz = (\mathbf{0}).$$

4、 $\Omega = \{(x, y, z) \mid x^2 + y^2 + z^2 \leq a^2, z \geq 0\}$, Ω_1 为 Ω 在第一卦限部分, 则下式成立的是 C

$$A \quad \iiint_{\Omega} x dv = 4 \iiint_{\Omega_1} x dv$$

$$B \quad \iiint_{\Omega} y dv = 4 \iiint_{\Omega_1} y dv$$

$$C \quad \iiint_{\Omega} z dv = 4 \iiint_{\Omega_1} z dv$$

$$D \quad \iiint_{\Omega} xyz dv = 4 \iiint_{\Omega_1} xyz dv$$

二、选择适当的坐标系计算

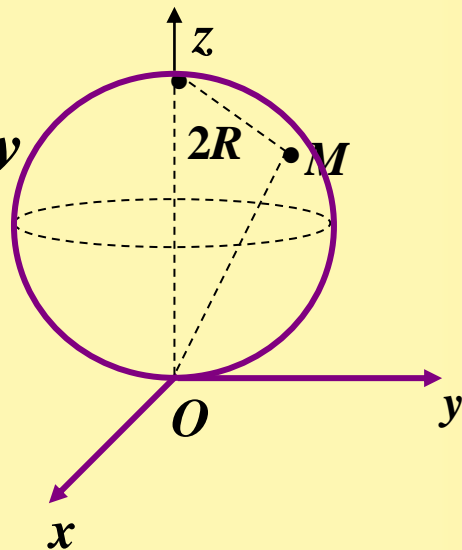
例1 计算 $\iiint_{\Omega} (ax + by + cz) dv$ 其中 $\Omega: x^2 + y^2 + z^2 \leq 2Rz$

解:

由对称性 $\iiint_{\Omega} x dv = \iiint_{\Omega} y dv = 0$, 只要计算 $\iiint_{\Omega} z dv$

解法一: 利用球面坐标

$\Omega: 0 \leq r \leq 2R \cos \varphi, 0 \leq \varphi \leq \frac{\pi}{2}, 0 \leq \theta \leq 2\pi$



$$I = \int_0^{2\pi} d\theta \int_0^{\pi/2} d\varphi \int_0^{2R \cos \varphi} r \cos \varphi r^2 \sin \varphi dr$$

$$= 2\pi \int_0^{\pi/2} \cos \varphi \sin \varphi \cdot \frac{r^4}{4} \Big|_0^{2R \cos \varphi} d\varphi$$

$$= 8\pi R^4 \int_0^{\pi/2} \cos^5 \varphi \sin \varphi d\varphi = \frac{4\pi}{3} R^4$$

解法二 用柱面坐标计算

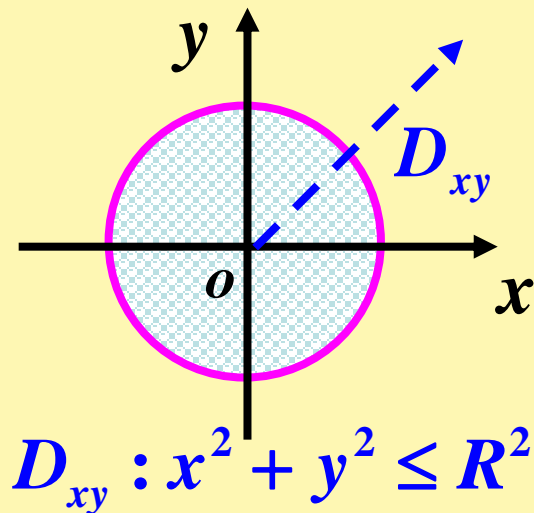
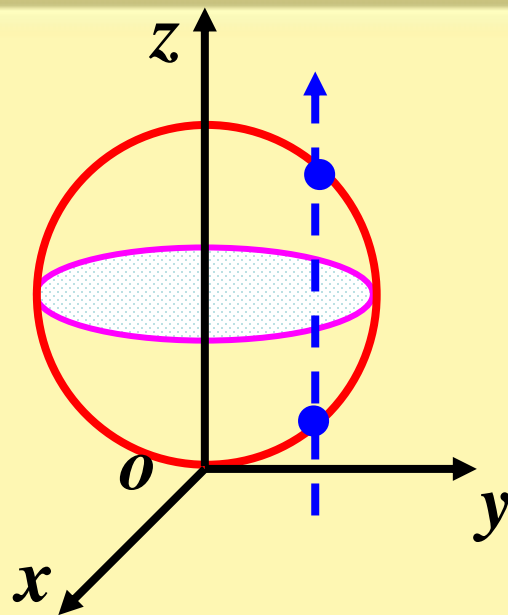
$$\iiint_{\Omega} z dv = \iint_{D_{xy}} \left(\int_{R-\sqrt{R^2-x^2-y^2}}^{R+\sqrt{R^2-x^2-y^2}} z dz \right) d\sigma$$

$$= \iint_{D_{xy}} \frac{z^2}{2} \Big|_{R-\sqrt{R^2-x^2-y^2}}^{R+\sqrt{R^2-x^2-y^2}} d\sigma$$

$$= \frac{1}{2} \iint_{D_{xy}} 4R\sqrt{R^2-x^2-y^2} d\sigma \quad \Omega : x^2 + y^2 + z^2 \leq 2Rz$$

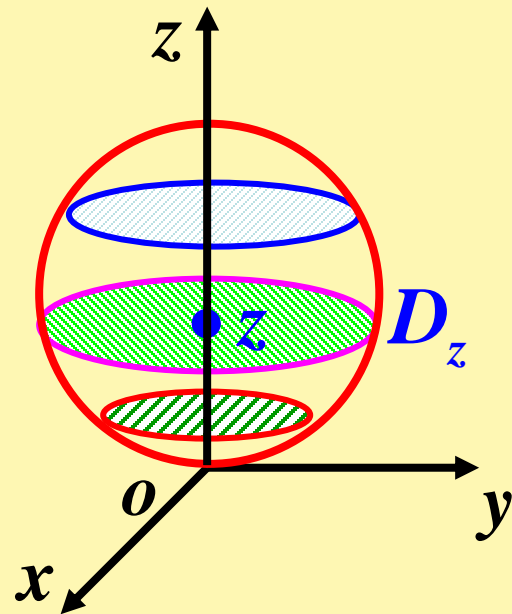
$$= \frac{1}{2} \int_0^{2\pi} d\theta \int_0^R 4Rr\sqrt{R^2-r^2} dr$$

$$= \frac{4\pi R^4}{3} \circ$$

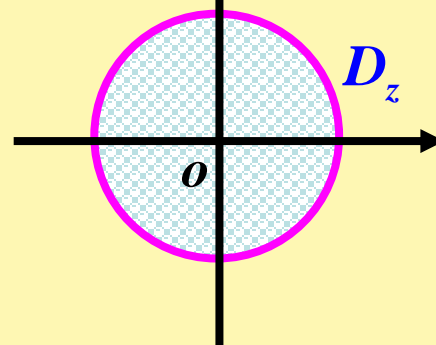


解法三：利用截面法

$$\begin{aligned}\iiint_{\Omega} z dv &= \int_0^{2R} z dz \iint_{D_z} dx dy \\ &= \int_0^{2R} z \sigma(z) dz \\ &= \int_0^{2R} \pi(2Rz^2 - z^3) dz \\ &= \pi \left(\frac{2}{3} Rz^3 - \frac{z^4}{4} \right) \Big|_0^{2R} \\ &= \frac{4}{3} \pi R^4.\end{aligned}$$



$$\Omega : x^2 + y^2 + z^2 \leq 2Rz$$



$$D_z : x^2 + y^2 \leq 2Rz - z^2$$

解法四：利用质心(形心) 概念,球体形心为 $(0,0,R)$

$$V = \iiint_{\Omega} dV = \frac{4}{3} \pi R^3$$

$$\iiint_{\Omega} z dV = \bar{z} V = \frac{4}{3} \pi R^4$$

例3 计算 $\iiint_{\Omega} z^2 dV$, $\Omega: x^2 + y^2 + z^2 \leq a^2, x^2 + y^2 + z^2 \leq 2az$

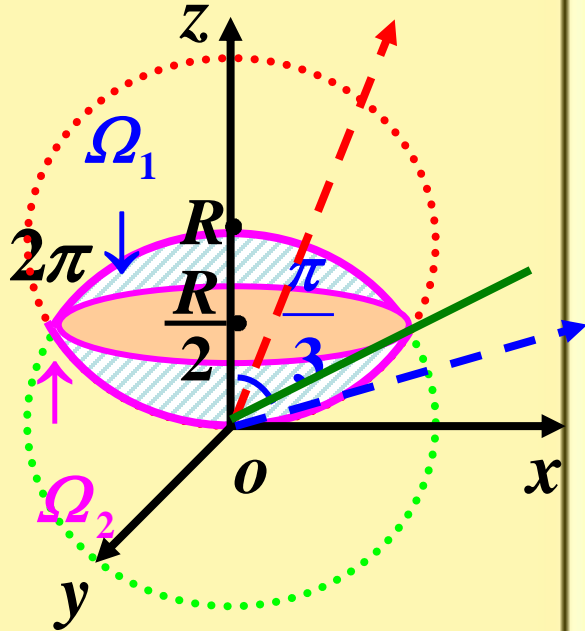
解法一: 用球面坐标

$$\Omega_1: 0 \leq r \leq a, 0 \leq \varphi \leq \frac{\pi}{3}, 0 \leq \theta \leq 2\pi$$

$$\Omega_2: 0 \leq r \leq 2a \cos \varphi, \frac{\pi}{3} \leq \varphi \leq \frac{\pi}{2}, 0 \leq \theta \leq 2\pi$$

$$I = \int_0^{2\pi} d\theta \int_0^{\pi/3} d\varphi \int_0^a r^2 \cos^2 \varphi \cdot r^2 \sin \varphi dr$$

$$+ \int_0^{2\pi} d\theta \int_{\pi/3}^{\pi/2} d\varphi \int_0^{2a \cos \varphi} r^4 \cos^2 \varphi \sin \varphi dr$$



$$= 2\pi \cdot \left(-\frac{\cos^3 \varphi}{3} \right) \Big|_0^{\pi/3} \cdot \frac{a^5}{5} + 2\pi \int_{\pi/3}^{\pi/2} \frac{32a^5}{5} \cos^7 \varphi \sin \varphi d\varphi$$

$$= \frac{7\pi}{60} a^5 + \frac{\pi}{160} a^5 = \frac{59}{480} a^5$$

解法二：截面法

$$\text{当 } \frac{a}{2} \leq z \leq a \text{ 时, } D_z : x^2 + y^2 \leq a^2 - z^2;$$

$$\text{当 } 0 \leq z \leq \frac{a}{2} \text{ 时, } D_z : x^2 + y^2 \leq 2az - z^2.$$

$$\begin{aligned} I &= \int_0^{a/2} z^2 dz \iint_{D_z} dx dy + \int_{a/2}^a z^2 dz \iint_{D_z} dx dy \\ &= \int_0^{a/2} \pi(2az - z^2)z^2 dz + \int_{a/2}^a \pi(a^2 - z^2)z^2 dz \\ &= \pi \left(\frac{a}{2} z^4 - \frac{z^5}{5} \right) \Big|_0^{a/2} + \pi \left(\frac{a^2}{3} z^3 - \frac{z^5}{5} \right) \Big|_{a/2}^a = \frac{59}{480} \pi a^5 \end{aligned}$$

三、作业中存在问题

8.3.2 利用柱坐标计算三重积分

$$1、 \quad (1) \int_0^{2\pi} d\theta \int_0^{\sqrt{3}} \rho d\rho \int_{\frac{\rho^2}{3}}^{\sqrt{4-\rho^2}} f(\rho^2) dz$$

$$(2) \int_0^{\frac{\pi}{2}} d\theta \int_0^1 \rho d\rho \int_0^1 f(\rho \cos \theta, \rho \sin \theta, z) dz$$

$$2、 \quad (1) \int_0^{2\pi} d\theta \int_0^2 \rho d\rho \int_{\frac{5}{2}\rho}^5 \rho^2 dz = 8\pi$$

$$(2) \int_0^{2\pi} d\theta \int_0^1 \rho d\rho \int_{\rho^2}^{\sqrt{2-\rho^2}} z dz = \frac{7}{12} \pi$$

(3) 法一：用投影法 分两种情况

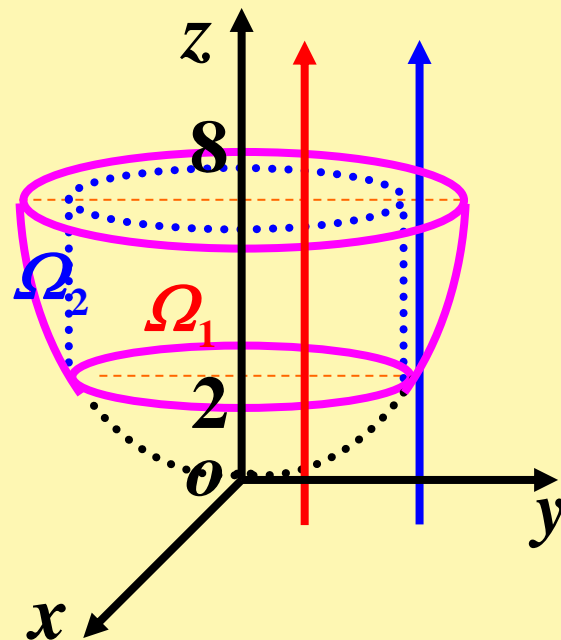
$$\Omega_1 : 2 \leq z \leq 8, 0 \leq \rho \leq 2, 0 \leq \theta \leq 2\pi$$

$$\Omega_2 : \frac{\rho^2}{2} \leq z \leq 8, 2 \leq \rho \leq 4, 0 \leq \theta \leq 2\pi$$

$$\iiint_{\Omega} (x^2 + y^2) dx dy dz$$

$$= \int_0^{2\pi} d\theta \int_0^2 \rho d\rho \int_2^8 \rho^2 dz + \int_0^{2\pi} d\theta \int_2^4 \rho d\rho \int_{\frac{\rho^2}{2}}^8 \rho^2 dz$$

$$= 336\pi$$



法二：用截面法

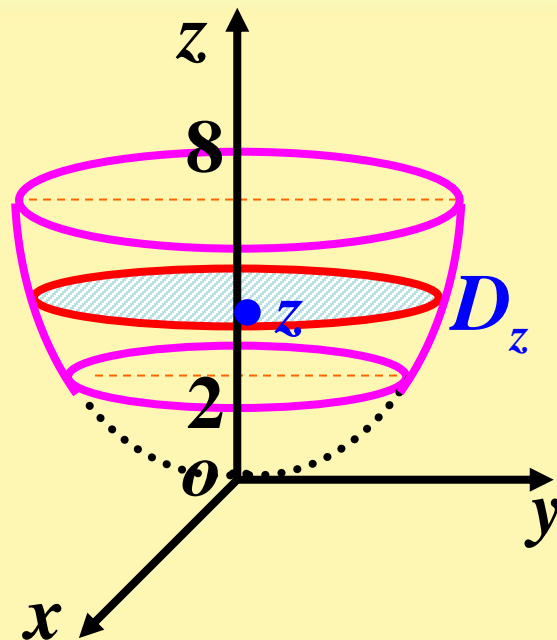
$$\iiint_{\Omega} (x^2 + y^2) dv$$

$$= \int_2^8 dz \iint_{x^2 + y^2 \leq 2z} (x^2 + y^2) dx dy$$

$$= \int_2^8 dz \int_0^{2\pi} d\theta \int_0^{\sqrt{2z}} \rho^2 \cdot \rho d\rho$$

$$= 336\pi$$

$$3、 V = \int_0^{2\pi} d\theta \int_0^2 \rho d\rho \int_{\rho}^{6-\rho^2} dz = \frac{32}{3} \pi$$



8.3.3 利用球坐标计算三重积分

1、 ①
$$\int_0^{2\pi} d\theta \int_0^{\frac{\pi}{4}} \sin\varphi d\varphi \int_0^{4\cos\varphi} f(r^2 \sin^2 \varphi + r^3 \cos^3 \varphi) r^2 dr$$

(2)
$$\int_0^{2\pi} d\theta \int_0^{\frac{\pi}{2}} \sin\varphi d\varphi \int_0^1 f(r \sin\varphi \cos\theta, r \sin\theta \sin\varphi, r \cos\varphi) r^2 dr$$

2、 ① 利用对称性
$$\iiint_{\Omega} x dv = 0,$$

原式 =
$$\int_0^{2\pi} d\theta \int_0^{\frac{\pi}{4}} \sin\varphi d\varphi \int_0^1 r \cos\varphi \cdot r^2 dr = \frac{\pi}{8}$$

(2) 原式 =
$$\iiint_{\Omega} (x^2 + y^2 + z^2) dv + 2 \iiint_{\Omega} (xy + yz + xz) dv$$

=
$$\iiint_{\Omega} (x^2 + y^2 + z^2) dv \quad (\text{对称性})$$

=
$$\int_0^{2\pi} d\theta \int_0^{\pi} \sin\varphi d\varphi \int_0^R r^2 \cdot r^2 dr = \frac{4}{5} \pi R^5$$

$$(3) \int_0^{2\pi} d\theta \int_0^{\frac{\pi}{2}} \sin\varphi d\varphi \int_2^4 r^2 \sin^2 \varphi \cdot r^2 dr$$

$$= \frac{3968}{15} \pi$$

$$(4) \int_0^{2\pi} d\theta \int_0^{\frac{\pi}{2}} \sin\varphi d\varphi \int_0^{\cos\varphi} r \cdot r^2 dr = \frac{\pi}{10}$$

四、综合题

(1). 设 $f(t)$ 连续, $f(0)=0$, $f'(0)=1$, 求

$$\lim_{t \rightarrow 0^+} \frac{1}{\pi t^4} \iiint_{x^2+y^2+z^2 \leq t^2} f(\sqrt{x^2+y^2+z^2}) dV$$

解: $I = \int_0^{2\pi} d\theta \int_0^\pi d\varphi \int_0^t f(r) r^2 \sin \varphi dr = 4\pi \int_0^t r^2 f(r) dr$

原极限 $= \lim_{t \rightarrow 0^+} \frac{4}{t^4} \int_0^t r^2 f(r) dr$

$$= \lim_{t \rightarrow 0^+} \frac{4t^2 f(t)}{4t^3} = \lim_{t \rightarrow 0^+} \frac{f(t) - f(0)}{t}$$

$$= f'(0) = 1$$

(2). $f(t)$ 连续, 且恒大于零,

$$F(t) = \frac{\iiint_{\Omega(t)} f(x^2 + y^2 + z^2) dv}{\iint_{D(t)} f(x^2 + y^2) d\sigma}, G(t) = \frac{\iint_{D(t)} f(x^2 + y^2) d\sigma}{\int_{-t}^t f(x^2) dx}$$

其中 $\Omega(t) = \{(x, y, z) \mid x^2 + y^2 + z^2 \leq t^2\}$,

$D(t) = \{(x, y) \mid x^2 + y^2 \leq t^2\}$,

(1) 讨论 $F(t)$ 在 $(0, +\infty)$ 上的单调性。

(2) 证明: 当 $t > 0$ 时, $F(t) > \frac{2}{\pi} G(t)$.

$$\text{证明: } F(t) = \frac{\iiint_{\Omega(t)} f(x^2 + y^2 + z^2) dv}{\iint_{D(t)} f(x^2 + y^2) d\sigma}$$

$$= \frac{\int_0^{2\pi} d\theta \int_0^{\pi} \sin \varphi d\varphi \int_0^t f(r^2) r^2 dr}{\int_0^{2\pi} d\theta \int_0^t f(\rho^2) \rho d\rho} = 2 \frac{\int_0^t f(r^2) r^2 dr}{\int_0^t f(\rho^2) \rho d\rho}$$

$$= 2 \frac{\int_0^t f(x^2) x^2 dx}{\int_0^t f(x^2) x dx}$$

$$F'(t) = 2 \frac{tf(t^2) \left[\int_0^t xf(x^2)(t-x)dx \right]}{\left[\int_0^t f(x^2) x dx \right]^2} > 0$$

$F(t)$ 在 $(0, +\infty)$ 上的单调增。



$$G(t) = \frac{\iint_{D(t)} f(x^2 + y^2) d\sigma}{\int_{-t}^t f(x^2) dx} = \pi \frac{\int_0^t f(r^2) r dr}{\int_0^t f(r^2) dr}$$

$$\text{要证 } F(t) - \frac{2}{\pi} G(t) = 2 \left[\frac{\int_0^t f(r^2) r^2 dr}{\int_0^t f(r^2) r dr} - \frac{\int_0^t f(r^2) r dr}{\int_0^t f(r^2) dr} \right] > 0$$

$$\text{令: } \varphi(t) = \int_0^t f(x^2) x^2 dx \cdot \int_0^t f(x^2) dx - \left[\int_0^t f(x^2) x dx \right]^2$$

$$\varphi'(t) = f(t^2) \left[\int_0^t f(x^2) (x-t)^2 dx \right] > 0$$

$$\varphi(t) \text{ 增, } \varphi(0) = 0 \Rightarrow \varphi(t) > \varphi(0) = 0.$$

注：利用单调性证明定积分不等式

或把 $\varphi(t) = \int_0^t f(x^2)x^2 dx \cdot \int_0^t f(x^2)dx - [\int_0^t f(x^2)xdx]^2$

化为二重积分

$$D: 0 \leq x \leq t, 0 \leq y \leq t$$

$$\varphi(t) = \int_0^t f(x^2)x^2 dx \cdot \int_0^t f(y^2)dy - \int_0^t f(x^2)xdx \int_0^t f(y^2)ydy$$

$$= \iint_D f(x^2)f(y^2)x^2 dx dy - \iint_D f(x^2)f(y^2)xy dx dy$$

$$= \iint_D f(x^2)f(y^2)x(x-y) dx dy$$

x, y 互换 $\iint_D f(x^2)f(y^2)y(y-x) dx dy$

$$= \frac{1}{2} \iint_D f(x^2)f(y^2)[x-y]^2 dx dy > 0$$

注：利用二重积分证明定积分不等式